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Get Out Of Your Own Way

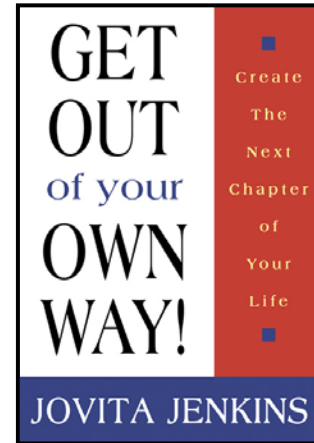
Jovita Jenkins

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About the Book:

In **Get Out Of Your Own Way** (Ajides Publishing, ISBN 0-9749887-0-7, \$24.95 hardback), the insightful and inspiring debut offering from success strategist and executive coach **Jovita Jenkins**, readers are challenged to think differently about their lives and overcome roadblocks to success. With the honesty of an old friend and the insight of a professional coach, she leads them on an intense journey of self-discovery that sets them on the path towards creating a compelling new chapter of their lives.



In her professional coaching practice, Jovita works closely with clients to help them discover their path, set goals, and create an action plan to implement them. In *Get Out Of Your Own Way*, she brings her tried and true prescription for success to her readers and empowers them to be more focused, confident, and successful.

Jovita's strategies are enlightening, her style is engaging and will help even the most inflexible person retrain their brain, discover their passion and purpose, and begin living the life they've envisioned.

About the Author:

Jovita Jenkins is a trailblazing pioneer who forged a highly successful career in the male dominated aerospace industry. Starting as an engineer, she rose through the ranks to culminate her aerospace career as an executive at a major Fortune 500 company. She continues to blaze trails as a dynamic author, executive coach, and speaker. Her company, Ajides International, Inc., is a boutique coaching, consulting, and training firm. Additionally, Jovita provides executive coaching services for groups of CEOs through TEC International, a worldwide organization of chief executives, company presidents and business owners who want to increase their effectiveness and enhance their quality of life. A Certified Professional Coach, Jovita also holds Bachelors and Masters Degrees in Mathematics, an MBA from UCLA and is on the board of directors for the National Speakers Association, and the Professional Coaches and Mentors Association. She is married and lives between Culver City, CA and New Orleans, LA.